**Practice oral presentation**

**Title:**

**[Your Title Here - Maximum 30 Words]**

**Background:**

The background of this study aims to [briefly state the background or rationale for the research or work]. The specific objectives are to [list specific objectives of the study].

**Method:**

This study employed [mention study design], with a sample size of [specify sample size]. Data was collected using [describe data collection methods], and statistical analyses were conducted using [mention statistical analyses employed].

**Results:**

Key findings of the study include [summarize key findings or outcomes]. Relevant data and statistical significance [if applicable] are provided, along with important trends or patterns observed.

**Conclusion:**

The main conclusions drawn from this study are [state main conclusions]. These findings hold significance in [highlight the significance and relevance of the findings to the Congress theme and chosen skillset(s)].

*[Ensure the abstract does not exceed 300 words.]*

**[Author(s) Name(s) and Affiliation(s)]**

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